

Anti-bullying Week at Phil and Jim – Change Starts with Us!

This week, year 6 kicked off anti-bullying week by taking over Monday's assembly - flash mob style. They sang an adapted version of My Chemical Romance's – Sing:

Speak-up we can change the process
Say no to unkindness
Children that can talk about it,
Living for the good days
People caring always
Happy through our school days
Give yourself the motivation
Co-creation kindness,
Kindness and compassion
Product of a dream team
We are not bystanders we will speak up
For each other
I refuse to sit still
That was in the past, sir
Speak out for the ones who want to hide away

Across the school, children have been discussing what constitutes as bullying behaviour and what is considered a conflict.

At Phil and Jim, we define bullying behaviour as behaviour that is:

- repetitive,
- deliberate,
- behaviour that creates an imbalance of power.

Disagreements between friends can be hurtful and sometimes people can be unkind but often these behaviours are considered as conflicts rather than bullying behaviours.

We have been discussing how to stay safe online and how our online activities can result in bullying behaviour. This theme has linked in to our learning about e-safety. For more information visit: <https://philandjim.org.uk/e-safety/>

Many of us have read #Goldilocks across the school this week, a book that explores how to be responsible online.

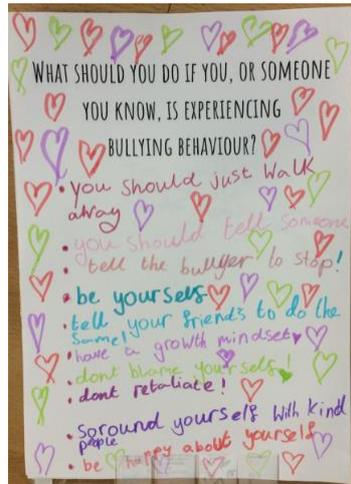
Vodafone have kindly posted a free e-book version of this book on this website:

<https://www.wearecoda.com/example-flip-book/mobile.html>

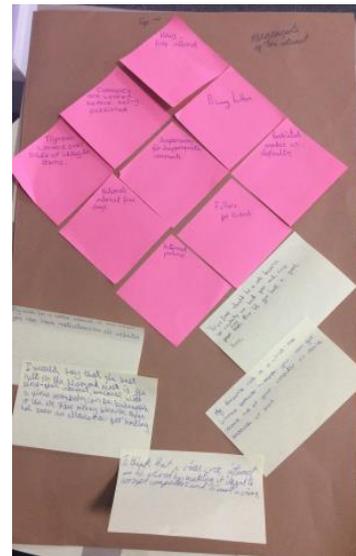
Here are some examples of activities we have taken part in:



Year 1-2



Year 3-4



Year 5-6

Some of the vocabulary we have explored this week includes:

- Bullying behaviour
- Repetitive
- Purposeful/ deliberate
- Imbalance

Bystander:

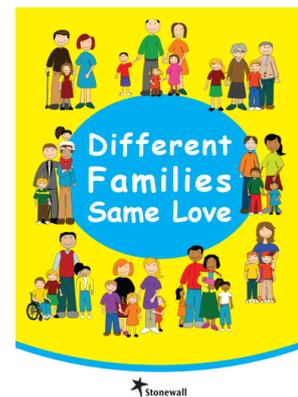
<https://safeYouTube.net/w/N2Lw>

Diversity:

The Great Big Book of Families:

https://www.amazon.co.uk/Great-Big-Book-Families/dp/1847805876/ref=asc_df_1847805876/?tag=googshopuk-21&linkCode=df0&hvadid=310977284312&hvpos=1o3&hvnetw=g&hvrnd=11087755480308588756&hvpon=&hvptwo=&hvqmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=1006976&hvtargid=pla-452354653347&psc=1&th=1&psc=1

Stonewall's different families, same love poster



Other links:

<https://www.anti-bullyingalliance.org.uk/anti-bullying-week/change-starts-us-anti-bullying-week-report>

<https://philandjim.org.uk/e-safety/anti-bullying/>