



With love we flourish

"I have come that you may have life in all its fullness." John 10:10

Our Christian vision is the foundation of our school and allows us to:

- Respect and love everyone for who they are
- Celebrate and serve our diverse community
- Nurture a passion for education so everyone can realise their potential

SS Philip and James' Church of England Voluntary Aided Primary School

PE Policy

Signed:

(Head teacher)

Signed:

(Chair of Governors)

Approved by Governing Body:	17.11.2022
Date:	November 2022
Next Review Date:	November 2024

PE Policy

Our Vision for Physical Education

“The difference between the impossible and the possible lies in determination.” Usain Bolt

At Saint Philip and Saint James’, our vision is to provide our pupils with a high-quality PE curriculum with competitive sport and regular physical activity at its core. We aim to ensure our pupils feel physically confident and can transfer fundamental movement skills (agility, balance and coordination) into sporting situations. We feel opportunities to compete in sport and other physical activities builds character and helps to embed values such as fairness and respect and this is something we hope to foster in our pupils.

It is our view that people should develop a lifelong enjoyment in physical activity and consequently this is something we hope to have instilled in our pupils during their time at Phil & Jim.

Purpose

Physical Education (PE), the practice of supporting children in their physical development and understanding of healthy lifestyles, is a statutory part of our school curriculum and we embrace the National Curriculum’s guidance which states: *A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.*

Curriculum

We follow the PE National Curriculum as set out in the Physical Education programmes of study for Key Stage 1 and 2.

Curriculum maps

Please see the following page

Physical Education Curriculum Map KS1 & 2: 2022-2023

EYFS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1 (PE Teacher)	Multi skills	Dance	Gym	Football	Athletics	Mini tennis
Lesson 2 (Class Teacher)	Multi skills	Dance	Gym	Football	Multi skills – sports day preparation	Mini tennis
KS1						
Lesson 1 (PE Teacher)	Multi skills running, jumping, spatial awareness, throwing, rolling and catching.	Football	Gymnastics	Invasion games	Mini tennis	Multi skills Sports day preparation
Lesson 2 (Class Teacher)	Team Games Small group activities	Dance	Multi skills Running and jumping, spatial awareness, agility, skipping.	Gymnastics Balance, agility, coordination	Athletics	Small team work activities
Year 3						
Lesson 1	Invasion Games Tag Rugby	Handball	Dance Sci fi	Invasion Games Netball	Striking and Fielding Rounders	Athletics Sports day prep
Lesson 2	Basketball	Gymnastics	Invasion Games Hockey	Football	Athletics	Striking and Fielding Cricket
Year 4						
Lesson 1	Basketball	Football	Netball	Badminton	Mini tennis	Athletics Sports Day prep
Lesson 2	Invasion Games Tag Rugby	Gymnastics	Invasion Games Hockey	Dance Sci fi	Athletics	Striking and Fielding Cricket
Upper KS2						
Lesson 1	Invasion Games Football	Dance Sci fi	Invasion Games Tag Rugby	Athletics	Striking and Fielding Cricket	Athletics Sports day prep
Lesson 2	Invasion Games Netball	Invasion Games Hockey	Gymnastics	Mini tennis	Badminton	Striking and Fielding Rounders

Curriculum Progression in PE

Please cross refer [to PE Curriculum Progression](#)

How we teach PE

At Phil and Jim the pupils have two PE lessons per week. One lesson is delivered by the class teacher and the second one is delivered by our PE coach. Staff follow the curriculum map to ensure coverage and progression of skills. As a school we provide swimming lessons as per National Curriculum for pupils in Key Stage 2.

Assessment

Summative and formative assessment in PE is carried out by class teachers informally, during the course of teaching, through observation. The four assessment areas we assess are:

- Communication
- Competence
- Participation
- Performance

Assessment is used by teachers to inform reporting to parents and future planning.

Health and Safety

We recognise that participation in PE and physical activities contains an element of risk. Staff are responsible for ensuring that they understand risk assessments and implement the safe practices associated with them to reduce the element of risk to the absolute minimum within their control.

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Our safer practices include but are not limited to the following:

- Pupils wear appropriate clothing, remove jewellery (studs can be covered with tape provided by parents) and tie back long hair.
- When taking part in indoor PE, children must wear pumps or have bare feet.
- Pupils are explicitly taught how to be safe both during activities and whilst handling equipment.
- Staff model safe practices during all PE lessons.
- Risk is assessed before pupils attend any external PE or sports enrichment.

PE Kit

We ask parents and carers to ensure their child's PE kit is in school all week. For health and safety reasons, all children at Phil & Jim must change into a separate PE kit for all PE lessons regardless of what they wear to school. We have a compulsory PE kit which consists of white or navy shorts and trainers/ pumps (which can be purchased from any outlet) and our navy school T-shirt, which you can purchase [online](#). Here you will also find a number of optional PE items which you can choose to purchase if you wish. There include shorts, skirts, mid-layer tops and bottoms.

You can also purchase a Phil & Jim draw string bag ideal for storing your child's PE kit.

If pupils forget their PE kit they will be reminded by their teacher or their teacher will contact home. If PE kit is repeatedly forgotten 3 times in a row, teachers will send parents a letter requesting that the correct kit is brought to school.

Where possible, if a pupil has forgotten their PE kit, one will be provided by the school.

Inclusion

The aim of inclusion at Phil & Jim is to ensure all our children irrespective of race, gender, disability, medical or other needs can be successful. We are, therefore, committed to ensuring that all our children can participate in PE and physical activities and fulfil their potential. To ensure all our children can achieve their potential, our teachers make reasonable adjustments to ensure accessibility and ensure there is appropriate challenge for all.

Reasonable Adjustments in PE

We scaffold our PE lessons by thinking 'C-Step':

- **C**ommunication (visuals, thinking time, signs)
- **S**pace (adapting the environment)
- **T**ask (making subtle changes to the task)
- **E**quipment (modifying the equipment)
- **P**eople (buddies, additional adults)

Funding

PE and sports premium funding is used to make additional and sustainable improvements to the quality of the PE. Sports premium is used so that pupils will have access to appropriate and well-maintained equipment and facilities that they can use to be active during PE lessons and break times. Sustainable improvement will be achieved through developing and investing in the knowledge and skills of the teaching staff. We use Sports Premium to provide staff with professional development and resources to help them teach PE.

PE and sports premium funding will be reviewed and monitored annually by the school in conjunction with the governors.

Role of PE Curriculum Subject Leader

To monitor the impact of the PE Policy making updates where needed.

To monitor and evaluate the PE curriculum across the school.

To encourage other members of staff in their teaching of PE and to give support where appropriate so that opportunities and outcomes for pupils are appropriate and successful.

To keep up to date with current good practice and with national changes within the PE curriculum.

To ensure PE has a high profile in our school.

To host sports events and to co-ordinate sports events.